

STUNDENPLAN

ab August 2026

Teki Kurse

MO	18:15 - 19:30	TEENS	ROSINE	TeKi Space
DI	10:00 - 11:30	Teki Now - Dance Circuit	Dafni	TeKi Space
	17:45 - 18:45	NANOS (2014)	Lea+ Pascale	TeKi Space
	18:45 - 19:45	MILIS (2013-2012)	Lea	TeKi Space
	19:45 - 20:45	TWEENS + TEENS	Lea	TeKi Space
MI	17:00 - 18:00	NANOS (2014)	Celia	TeKi Space
	18:15 - 19:15	BASIC ALL STYLES	Celia	TeKi Space
	20:00 - 21:00	TWEENS	Celia	TeKi Space
DO	09:00 - 10:15	Teki Now - Slow Flow	Pascale	TeKi Space
	15:15 - 16:15	NEW IN (2020-2021)	Lea	TeKi Space
	16:15 - 17:15	YOCTOS (2019-2020)	Lea	TeKi Space
	17:00 - 18:00	MIKROS(2017-2018)	Grete	Capsule Room
	18:00 - 19:00	PICOS (2015-2016)	Grete	Capsule Room
	17:45 - 18:45	MILIS (2013-2012)	Rosine	TeKi Space
	18:45 - 19:45	MILIS URBAN (2009-2007)	Rosine	TeKi Space
	20:00 - 21:00	Teki Now - Slow Flow	Pascale	TeKi Space
FR	9:00 - 10:00	Teki Now - Slow Flow	Pascale	TeKi Space
	10:15 - 11:15	Teki Now - Pilatesflows Seniors	Pascale	TeKi Space

Capsule Kurse

DI	18:00 - 19:00	Breaking Kids 8-12J.	Colin	Capsule Room
	19:00 - 20:30	Breaking Adults	Noah	Capsule Room
MI	17:00 - 18:00	Hip Hop ab 8J.	Alyna	TeKi Space
	18:00 - 19:00	Urban Contemp ab 12J.	Alyna	Capsule Room
	19:00 - 20:00	URBAN ALL STYLES	Nadine	Capsule Room
	20:00 - 21:00	House	Nadine	Capsule Room
DO	19:30 - 20:30	Dancehall Jug., Erw.	Nathalie	Capsule Room

weitere Angebote

MO	18:30 - 19:30	All Styles Erw.	Branca	Capsule Room
	19:30 - 20:30	Waacking ab 12J.	Branca	Capsule Room
DO	10:30 - 12:00	Profitraining	Amina, Dorian, Dafni	TeKi Space
SA	19:00-21:30	Ecstatic Dance	Janis / Sarah	TeKi Space
SO	10:00 - 11:30 1x / Monat	TeKi NOW Workshop Series	Guest Teacher	TeKi Space

TeKi Space / Capsule Academy / X-project
Rennweg 62 - 2504 Biel-Bienne